Upcoming Programs--SIU Women’s Club

Understanding Our New World
Tuesday, January 26, 2021, Noon

Retired diplomat and four-star U.S. Marine Corps Gen. John R. Allen, president of the Brookings Institution, will discuss foreign policy challenges facing the United States during a virtual discussion hosted by Southern Illinois University Carbondale’s Paul Simon Public Policy Institute. Registration information is on the following page.

Student Success through Saluki Cares
Tuesday, February 2, 2021, 5 – 6 p.m.

Join Jennifer Jones-Hall, SIU Dean of Students, as she updates Club members on the efforts made to retain students through SIU’s successful Saluki Cares Program. College students today face a variety of obstacles that make college completion difficult. Saluki Cares is an early alert initiative composed of professionals from different areas of campus life who work with students on a regular basis: Academic units, Dean of Students, New Student Programs, Center for International Education, University Housing, Wellness Center, and others. Referrals are made from faculty, staff, family members, peers, community mentors, or by the student him/herself. SIU Carbondale displays a culture of caring by demonstrating to students and families that they are an important part of the community. Zoom access information for this program is on the following page.

Learning to Let Go—Stress Management Workshop
Tuesday, February 16, 2021, 11 a.m.

Beth Morrison is the Director of Wellness and Health Promotion Services at SIUC and is a Licensed Clinical Professional Counselor. Beth provides wellness workshops on campus and in the community. She is a Certified Meditation Instructor and leads mindfulness classes that teach participants how to reduce and manage stress through positive coping strategies. Zoom access information for this program is on the following page.

Points of Pride for SIU

- SIU Carbondale offers bachelor’s degrees in radiologic sciences, mortuary science and dental hygiene—the only baccalaureate programs in these areas in Illinois. The School of Health Sciences also offers one of only five MS degree programs in medical dosimetry obtainable with the United States.

- SIU’s Bachelor of Science degree program in fermentation science is one of only a few in the nation and the only one in Illinois. The interdisciplinary program prepares students for careers in fields ranging from production and quality control for alcoholic beverage manufacturers to fermented foods, such as cheese, sauerkraut and bread. The program is housed at the Fermentation Science Institute, a teaching, testing and research space at McLafferty Annex on the campus’ far west side.
More Information and News for SIU Women’s Club Members

- “Understanding Our New World” Program (Tuesday, January 26, noon): Registration is available at https://zoom.us/webinar/register/5116100247714/WN_IT_iH_DWS6yGRwmU9SSqUA After completing registration, participants will receive an email confirmation with information about joining the meeting, along with the meeting ID and password.

- “Student Success through Saluki Cares” Program (Tuesday, February 2, 5 p.m.):
  Topic: Student Success through Saluki Cares
  Time: Feb 2, 2021 05:00 PM Central Time (US and Canada)
  Join Zoom Meeting https://us02web.zoom.us/j/84878745493?pwd=YThmVnNxa1kyZU4rNHlISDV2UDNGUT09
  Meeting ID: 848 7874 5493
  Passcode: 412601
  Find your local number: https://us02web.zoom.us/u/keJBlKZqZu

- “Learning to Let Go–Stress Management Workshop” Program (Tuesday, February 16, 11 a.m.):
  Topic: Learning to Let Go - Stress Management Workshop
  Time: Feb 16, 2021 11:00 AM Central Time (US and Canada)
  Join Zoom Meeting https://us02web.zoom.us/j/81374496071?pwd=bnhsWXpPRHICb3RESXJaFlON2M4dz09
  Meeting ID: 813 7449 6071
  Passcode: 382717
  Find your local number: https://us02web.zoom.us/u/k4P64ANg

- Here’s a screenshot of SIU Women’s Club members enjoying a presentation by SIU Chancellor Austin Lane on January 5. As part of his presentation on new directions for SIU, he asked thoughtful questions about the nearly 30 SIU Women’s Club members attending the program, about our individual SIU involvement, and about our possible roles as student mentors in the future. He was delighted to learn about the generous SIU Women’s Club scholarships awarded to outstanding female students. Those attending applauded the extra time he spent getting to know us.
And Still More Information and News for SIU Women’s Club Members

- Scholarship Committee members--Susan Pearlman, Director, Debra Sarvela, and Deborah Barnett--are asking all SIU Women’s Club members to encourage qualified female students to apply for the generous scholarships funded by the Club before February 15. A flyer with scholarship information is provided on the following page for members to copy and distribute.

- Please note this phone number change for Sue Whitlock to 618.534.2376. The number published in the previous newsletter was incorrect.

- Deborah Corker, SIU Women’s Club Treasurer, and publisher of the SIU Women’s Club Membership Directory, indicated that an updated version of the Directory will be sent to members shortly.

- Members of the SIU Women’s Club Book Discussion Interest Group are intent in their analysis of the book, *A Place for Us*, by Fatima Farheen Mirza at its January meeting. Janet Earnest coordinates the Interest Group, and Debbie Gunter (from Alabama, no less) led discussion on the book. This Interest Group has continued to meet monthly via Zoom since the onset of the pandemic. Long-time member, Mary Russell Muchmore, has participated from Seattle for all the meetings.

- Watch for additional SIU information on this February event:
  - Black History Month is an annual observance in February, celebrating the past and present achievements of African Americans. In February 1926, Dr. Carter G. Woodson, founder of the Association for the Study of African American Life and History, proposed the establishment of "Negro History Week" to honor the history and contributions of African Americans to American life. Dr. Woodson, known as the "Father of Black History", chose the second week of February because it commemorates the birthdays of two men who greatly affected the African American community: Abraham Lincoln (February 12) and Frederick Douglass (February 14). Negro History Week became Black History Week in the early 1970’s. In 1976, the week-long observance was expanded to a month in honor of the nation’s bicentennial.
SCHOLARSHIPS FOR FEMALE SIU STUDENTS

SIU WOMEN’S CLUB DOROTHY MORRIS TRADITIONAL STUDENT SCHOLARSHIP
$2,000

SIU WOMEN’S CLUB JOYCE GUYON NON-TRADITIONAL STUDENT SCHOLARSHIP
$2,000

Basic Requirements:
- Female undergraduate
- 3.0 (A=4.0) cumulative GPA
- Must be enrolled in an undergraduate degree program
- Taking classes on the Carbondale campus
- Minimum of 24 credits earned at SIUC by the end of spring 2021
- Must complete at least one semester during the next academic year

Preference Will Be Given To:
- Juniors who will have completed 86 credit hours by the end of spring 2021

To Apply: Complete the SIU General Scholarship Application and then click on the “SIU Scholarship Opportunity Manager” and enter “SIU Women’s Club” in the search box to find the applications and additional details.

APPLICATION DEADLINE IS FEBRUARY 15, 2021
**SIU Women’s Club Interest Groups**  
**February 2021**

Interest Group Director, Julie Bohnsack (jaweilbrenner@gmail.com)  
The Faculty House, 810 South Elizabeth Street, Carbondale

**Most Interest Group meetings are on hold due to the COVID-19 Virus Outbreak** *(We care about your health and safety)*

<table>
<thead>
<tr>
<th>Interest Group</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td><strong>Adventure Gals</strong></td>
<td>Donna Wilson 559-0830 <a href="mailto:dmwilson@siu.edu">dmwilson@siu.edu</a></td>
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<td>Next date, time, and location to be announced</td>
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<tr>
<td><strong>Antiques and Collectibles</strong></td>
<td>Carol O’Donnell 549-2287 <a href="mailto:odonnellcj@yahoo.com">odonnellcj@yahoo.com</a></td>
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<tr>
<td>Meets 1st Tuesday, 1:30 p.m.</td>
<td>Vivian Ugent 457-5258 <a href="mailto:vivianugent@gmail.com">vivianugent@gmail.com</a></td>
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<td>Hope to resume sometime in the spring</td>
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<td><strong>Book Discussion</strong></td>
<td>Janet Earnest 549-0416 <a href="mailto:jandaearnest@gmail.com">jandaearnest@gmail.com</a></td>
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<td>Meets 2nd Thursday, 1 – 3 p.m.</td>
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<td>January 14, meeting via Zoom, <em>A Woman of No Importance</em> by Sonia Purnell.</td>
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<td><strong>Discussion Leader:</strong> Dorothy Baker; <strong>Zoom Coordinator:</strong> Deborah Corker</td>
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<td><strong>Breakfast Group</strong></td>
<td>Janet Banerjee 687-3582 <a href="mailto:janet.banerjee@gmail.com">janet.banerjee@gmail.com</a></td>
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<td>Meets 3rd Friday, 7:30 a.m., at Denny’s Restaurant</td>
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<td><strong>Bridge - Afternoon</strong></td>
<td>Olga Weidner 549-7527 <a href="mailto:oweidner@siu.edu">oweidner@siu.edu</a></td>
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<td>Meets 1st and 3rd Wednesdays, 1 - 3 p.m., in members’ homes</td>
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<td><strong>Bridge - Couples Evening</strong></td>
<td>Kitty Trescott 203-1807 <a href="mailto:trescott@midwest.net">trescott@midwest.net</a></td>
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<td>Meets 3rd Saturday, 7 p.m., Faculty House</td>
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<td><strong>Cooking Lunch with Friends (First Group)</strong></td>
<td>Peter Gregory 541-602-6732 <a href="mailto:peterg@humidtown.com">peterg@humidtown.com</a></td>
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<tr>
<td>Meets 4th Wednesday, four times a year in members’ homes</td>
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<tr>
<td><strong>Cooking Lunch with Friends (Second Group)</strong></td>
<td>Sue Whitlock 534-2376 <a href="mailto:kirkman061056@gmail.com">kirkman061056@gmail.com</a></td>
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<td>Meets 1st Thursday, four times during academic year</td>
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<td><strong>Evening at the Cinema</strong></td>
<td>A.M. Hamilton-Brehm 702-419-2493 <a href="mailto:amhamib@gmail.com">amhamib@gmail.com</a></td>
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<td>Meets 1st Thursday at local theaters</td>
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<td>Thursday, February 4, 7 p.m., Zoom meeting to discuss a movie</td>
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<td>that is yet to be selected.</td>
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<td><strong>Gentle Toning, Stretch and Yoga Techniques (GTSY)</strong></td>
<td>Lyn Knowles 529-3229 <a href="mailto:lknowles114@gmail.com">lknowles114@gmail.com</a></td>
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<td>Meets every Thursday, 5:45 p.m., First United Methodist Church</td>
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<td><strong>Knitting and Stitching</strong></td>
<td>Laura Helsel 559-4541 <a href="mailto:lahelsel@yahoo.com">lahelsel@yahoo.com</a></td>
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<tr>
<td>Meets 4th Thursday, 1 - 3 p.m., in members' homes</td>
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<td><strong>SIU Women’s Club</strong></td>
<td>Nelda Hinckley 549-5588 <a href="mailto:neldahinckley@jalc.edu">neldahinckley@jalc.edu</a></td>
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<tr>
<td><strong>Interest Groups</strong></td>
<td>Sue Burroughs 203-2360 <a href="mailto:newmyerburroughs47@frontier.com">newmyerburroughs47@frontier.com</a></td>
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<td><strong>February 2021</strong></td>
<td>Lee Swayze 549-1017 <a href="mailto:lswayne1200@gmail.com">lswayne1200@gmail.com</a></td>
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<td><strong>Adventure Gals</strong></td>
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<td>Next date, time, and location to be announced</td>
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Meet 'n Eat  
Meets 2nd Wednesday, Noon, at various local restaurants  
Tedda Becker  457-8903  
beckertedda02@gmail.com

Monthly Dinner Group  
Meets in members' homes—next gathering to be announced  
Sue Whitlock  534-2376  
kirkman061056@gmail.com

Newcomers Dinner Group  
Meets 4th Thursday in homes and restaurants  
Amelia Ketzle  924-0145  
aketzle@siu.edu

Opera Group  
Selected Saturdays in Cape Girardeau  
Olga Weidner  549-7527  
oweidner@siu.edu

Quilting  
Meets 2nd Wednesday, 1 - 3 p.m., in members' homes  
Pat Tindall  549-2427  
dp.tindall@outlook.com

Scrabble  
Meets 3rd Thursday, 2 p.m., at the Faculty House  
Mary Pohlmann  549-5077  
maryp@siu.edu

Secrets of Ethnic Cuisine  
Meets 4 times a year to prepare unique dishes  
Olga Weidner  549-7527  
oweidner@siu.edu  
Amelia Ketzle  924-0145  
aketzle@siu.edu

Travel—The Suitcase Sisters  
Meets 1st Monday, 5:15 p.m., at Pagliai’s Pizza, Carbondale  
Julie Bohnsack  534-4618  
jaweilbrenner@gmail.com

SIU Women’s Club Scholarship Fund Donations

Scholarship donations are always encouraged to meet our annual minimum $4,000 goal to fund two $2,000 scholarships. Scholarship donations may also be made as memorials.

Name _____________________________________________________Phone___________________

Street Address ________________________________________________________________

City, State, Zip ___________________________________________________________________

Email Address _____________________________________________ Check Amount $___________

Return form with check (SIU Women’s Club) to:  
SIU Women’s Club, P.O. Box 1226, Carbondale, Illinois 62903-1226