

SIU Women's Club Newsletter

Editor: Communications Committee

June, 2023

Volume 4, No. 9

SIU Women's Club Interest Group Round-Up

It's been said that interest groups are the heart of the SIU Women's Club. With that in mind, this final newsletter of the 2022-2023 academic year focuses on interest group news – looking back and looking ahead. While some interest groups may continue to meet over the summer, many are on hold until the fall. If your interest group isn't mentioned here, contact the group leader to see if there are any planned meetings over the summer.



All members from this year will receive the annual membership mailing in August and then an invitation to the Fall Tea. The next SIU Women's Club newsletter will come out in September. Thank you all for making this a great year!

SIU Women's Club Interest Groups

SIU Women's Club Interest Groups offer members unique opportunities for friendship, sharing, and learning. Groups generally meet once a month, whether in members' homes, at the SIU Faculty House, restaurants, or other locations. All Interest Groups welcome new members anytime throughout the year. The only requirement for joining an Interest Group is paid membership in the SIU Women's Club. If you are already a paid member of the Club and want to join a group, contact the Interest Group Director April Teske at aprildover@gmail.com. For anyone who is not currently a member, you can select your interest groups on the membership application [here](#).

An interest group leader facilitates the group members in planning the events of the group. For many of the groups, the day, time, and location are already set. In those cases, it is simply sending a reminder email and welcoming any new group members by updating your email group. For the groups with occasional meeting times, it entails correspondence with the members about the next meeting or outing. The groups consist of members with common interests who are eager to participate, so these ideas and plans tend to come easily.

Group leaders are not alone! As the Interest Group Director, April Teske will periodically update the leaders on their group membership contact information and send emails of important items. She is also here to assist you when you are in need of a consistent location, organizational ideas, and any other assistance that may arise. There will be an interest group leader get-together in the fall once our membership drive is in full force.

Interest Group Highlights

Euchre and More

Euchre and More is an opportunity to gather at the Faculty House on Friday evenings once a month to play Euchre and other games. We are happy to teach people to play Euchre or other games if we do not have multiples of four. If you enjoy card or board games, give us a try. We are taking the summer off and will meet again in August (tentatively, August 25th). We tend to meet the last or first Friday of the month, we are flexible based on schedules. We tend to bring snacks and drinks to share but nothing is required! This group is led by Pam Altman pamela.Altman@siu.edu

Adventure Gals



The Adventure Gals group plans two to four outings per year. The focus is on exploring the Southern Illinois region; however, we do have a trip to Alton planned in September. Our outings are varied from strenuous hikes to educational trips. For instance, last fall we hiked

4 miles in the Bell Smith Springs area, and in February we toured SIUC's Fermentation Science Center. An outdoor activity is in the planning now for the first part of June. We hope to include an easy hike and a visit to a nearby orchard for some u-pick flowers. Carpooling is available. This group is led by Donna Wilson dmwilson@siu.edu

Welcoming Newcomers Dinner Group

Welcoming Newcomers Dinner Group meets every month at various eateries in Carbondale and surrounding areas. We welcome new members and discover unique local restaurants. In the last year, we have dined at Tom's Place in DeSoto, IL; Tres Hombres, Flame, Bombay Olive, and Aban's Kitchen in Carbondale, IL; Baan Thai and La Galería in Marion, IL; St. Nick's MDH Airport location in Murphysboro, IL; and Brick House Grille in Anna, IL. We always have good conversation and great food! Our group has grown so much over the past year that we have outgrown some of our favorite restaurants! We may have to look at a second group soon! Carpooling is available. This group is led by Amelia Ketzle aketzle@siu.edu



Culinary Cruisers

Culinary Cruisers plans day trips to eateries further away than would normally be feasible for a weekday dinner, and we take that opportunity to see and do whatever great things there are in the nearby area. Our first outing was last fall to Paducah, KY, where we attended a photography

exhibition, stopped by Forever Sweet Creamery, admired the downtown murals and took advantage of shopping opportunities, and finished up with dinner at the epically good Freight House. Next agenda coming soon! Carpooling is available. This group is led by Amelia Ketzle aketzle@siu.edu

Cuisines of the World

Cuisines of the World is working to get active again post-COVID hiatus. We meet in rotating hostesses' homes to cook an authentic, regional menu from different parts of the world. We pick a region, set the menu, shop for groceries, and attendees split the cost of groceries evenly the evening of the dinner. We learn how to cook the regional food and then clean up after ourselves, leaving no mess behind for the hostess! Some of our best successes have been French cuisine (seafood bouillabaisse – TO DIE FOR!), Spanish cuisine (paella), Cajun cuisine, Nigerian cuisine (rosemary lambchops, expertly prepared by our own Olga Weidner), and more! Our next menu was to be Brazilian cuisine, but we are in need of a hostess and a date that works for everyone. If you're interested in hosting, contact Amelia Ketzle. This group is led by Amelia Ketzle aketzle@siu.edu and Olga Weidner oweidner@siu.edu

Knitting and Stitching

The Knitting and Stitching interest group meets once a month from September through May on the fourth Thursday afternoon of the month from 1:00 to 4:00. The group meets in the various homes of the members and carpooling is available if a member is in need of a ride. The hostess provides a light dessert and beverages. Each member brings their own projects to work on. If you don't knit or crochet or do any other form of needlework, you can catch up on your mending. Bring that blouse that needs a new button or that dress that needs hemming. Or, just come for the conversation! We all need that afternoon every now and again to sit and socialize! Being a hostess is not a condition for becoming a member of the group. It is understood that there are reasons that some members will not be able to host a meeting. This group's leader is Sue Burroughs newmyerburroughs47@frontier.com

Scrabble Group

The Scrabble Group continues to meet year-round, including university breaks and during summer, on the third Thursday of each month at 2 pm at the Faculty House (810 S Elizabeth). All ability levels are welcome and Scrabble dictionary consultation is permitted. The leader of Scrabble is Mary Pohlmann maryp@siu.edu

New Interest Groups in 2023-2024!

Two groups are open to consideration if any members want to join. Sign-up for these (and all) groups when you renew your membership in the fall. For more information, contact the group leader.

Cultural Events of Southern Illinois

This group will coordinate and arrange 2-4 outings per year at some of the many cultural events in Southern Illinois. Could it be the symphony? Theater? Art shows? By coming together, we can encourage participation in regional arts and culture events while also taking advantage of group pricing and enjoy pre- or post-show meals or socializing. This is a new group and completely open to

your ideas on how we should work. Have ideas and want to co-lead? Even better! Kathryn Sime is the leader of this new group kathryns@foundation.siu.edu

Community Service and Volunteerism

The new Community Service and Volunteerism group will be an opportunity to work together to give back to the Carbondale and Southern Illinois area. We can volunteer to support events such as Keep Carbondale Beautiful, organize trash pickups in our areas or whatever the group decides we are passionate to support. We may meet once a month to socialize and plan for upcoming events or just circulate events via email, and work on getting volunteers. The leader of this new group is Pam Altman pamela.Altman@siu.edu

Interest Groups in Search of Leaders: Could it be YOU?

If you are currently in the group and want to see it continue, please consider stepping in to facilitate its continuance. One idea is to find a friend who is also in the group and become co-leaders in order to support one another. Even if you are not currently in the group, you can still join the group and be a leader! If you are interested in leading one of the existing or new groups below, click [here](#)

Evening at the Cinema

The Evening at the Cinema Group enjoys getting together to see movies at the theater and discussing those movies, and movies generally, over a meal. The format has been to meet for a late afternoon movie and then dinner afterward on the first Sunday of each month. We are looking for new leadership and the format could evolve to something more convenient, as needed. Perhaps meeting to see specific movies when they are released regardless of the timing.

Meet and Eat

The Meet 'n Eat Interest Group meets at noon on the second Wednesday of the month. The group decides from month to month the restaurant choice. A Carbondale restaurant is selected during the winter months, but out-of-town restaurants may be selected other months. Car pools can be arranged.



SIU Women's Club Interest Groups

June 2023

Interest Group Director, April Teske (Aprildover@gmail.com)
The Faculty House, 810 South Elizabeth Street, Carbondale

Some groups may meet over the summer and some may take a break. Check with the interest group leader to find out more about the summer schedule.

Facility update: SIU Women's Club may continue to use The Faculty House (810 South Elizabeth St.).

Adventure Gals 2 - 4 Saturdays a year to explore southern Illinois	Donna Wilson dmwilson@siu.edu	559-0830
Antiques and Collectibles Meets 1 st Tuesday, 1:30 p.m. Faculty House	Carol O'Donnell odonnellcj@yahoo.com Vivian Ugent vivianugent@gmail.com	549-2287 457-5258
Book Discussion Meets 2 nd Thursday, 1 – 3 p.m. Faculty House and Zoom,	Janet Earnest jandaearnest@gmail.com	549-0416
Breakfast Group Meets 3 rd Friday, 7:30 a.m. Sunny Street Café	Janet Banerjee janet.banerjee@gmail.com	687-3582
Bridge - Afternoon Meets 1 st and 3 rd Wednesdays, 1 - 3 p.m., in members' homes	Olga Weidner oweidner@siu.edu	549-7527
Bridge - Couples Evening Meets 3 rd Saturday, 7 p.m., Faculty House	Kitty Trescott trescott@midwest.net	203-1807
Cuisines of the World Meets 4 times a year at members' homes. Group selects a region of the world, plans and cooks menu of authentic dishes	Olga Weidner oweidner@siu.edu	549-7427
Culinary Cruisers Approximately four outings per year to longer-distance destinations in Southern Illinois and surrounding areas, for food, drink, and adventures	Amelia Ketzle aketzle@siu.edu	
Euchre & More Meets on the 4 th Friday (usually) to play euchre and other games	Pam Altman pamela.altman@siu.edu	
Evening at the Cinema Meets Sundays at local theaters with dinner following	GROUP LEADER(S) NEEDED	

Gentle Toning, Stretch and Yoga Techniques (GTSY)
Meets every Thursday, 5:45 p.m., First United Methodist Church

Knitting and Stitching
Meets 4th Thursday, 1 - 3 p.m., in members' homes

Meet 'n Eat
Meets 2nd Wednesday, Noon, at various local restaurants

Opera Group
Selected Saturdays in Cape Girardeau

Scrabble
Meets 3rd Thursday, 2 p.m., at the Faculty House

SIU Athletics Group
Group shows support for SIU Women's athletic teams by attending 1 to 2 events per year

Suitcase Sisters
Meets 1st Monday, 5:15 p.m., at Pagliai's Pizza, Carbondale

Welcoming Newcomers Dinner Group
Meets 4th Thursday in various restaurants
For newcomers and not-so-newcomers

Nelda Hinckley 549-5588
neldahinckley@jalc.edu

Sue Burroughs 203-2360
newmyerburroughs47@frontier.com
Lee Swayze 549-1017
lswayze1200@gmail.com

GROUP LEADER(S) NEEDED

Olga Weidner 549-7527
oweidner@siu.edu

Mary Pohlmann 549-5077
maryp@siu.edu

Julie Bohnsack 534-4618
jaweilbrenner@gmail.com

Julie Bohnsack 534-4618
jaweilbrenner@gmail.com

Amelia Ketzle
aketzle@siu.edu

SIU Women's Club Scholarship Fund Donations

Scholarship donations are always encouraged to meet our annual minimum \$4,000 goal to fund two \$2,000 scholarships. Scholarship donations may also be made as memorials.

Name _____ Phone _____

Street Address _____

City, State, Zip _____

Email Address _____ Check Amount \$ _____

Return form with check (SIU Women's Club) to:
SIU Women's Club, 1740 Innovation Dr., Carbondale, IL 62902